

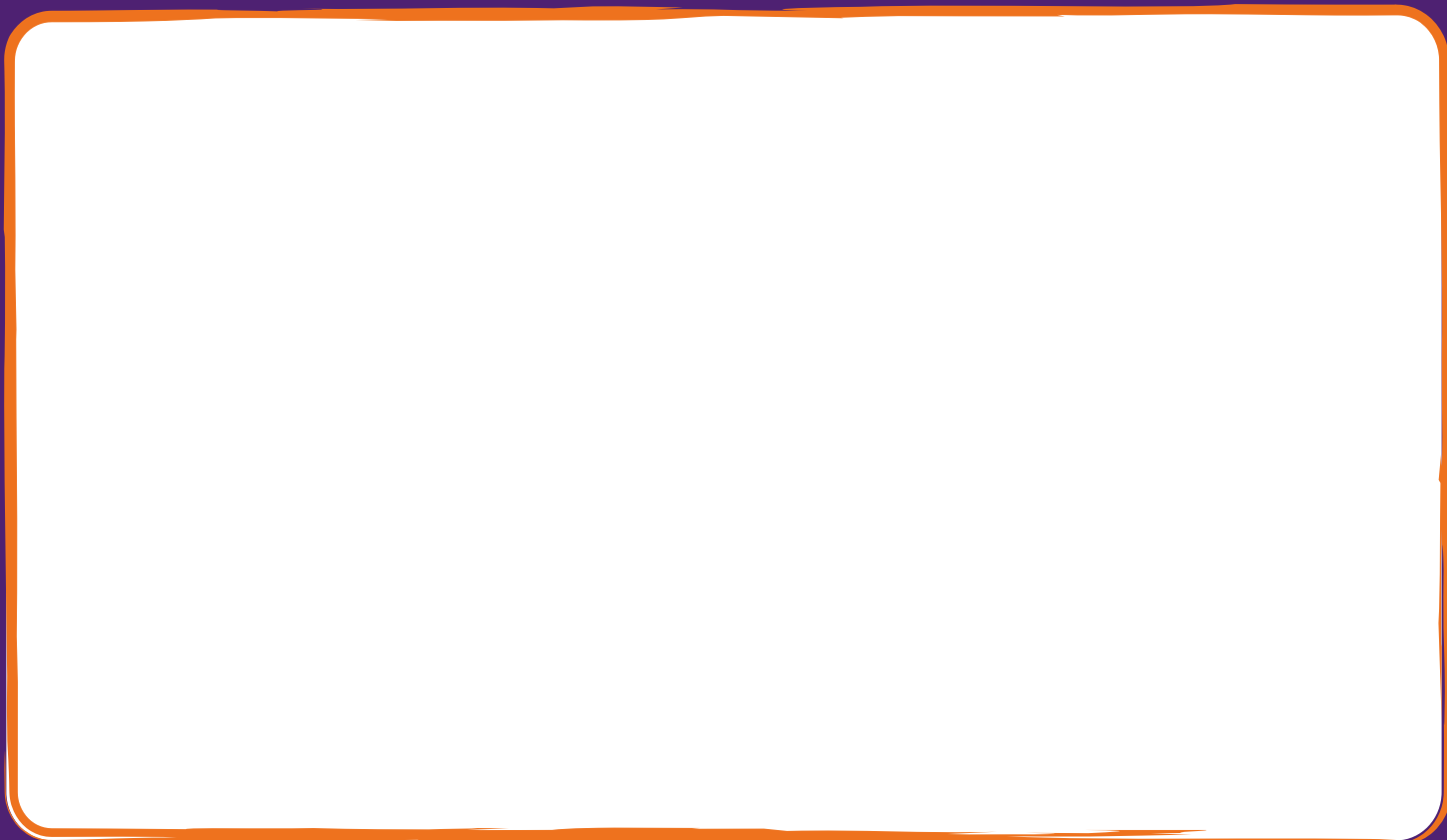
Be a Help at Home volunteer!

EACH **HOUR** COUNTS



each

East Anglia's
Children's Hospices



EACH Help at Home volunteers provide vital practical support in the homes of families caring for children with life-threatening conditions

How you can help..

- Cooking • DIY and decorating • Cleaning • Shopping
- Sibling support • Gardening and much more...

For more information please visit:

www.each.org.uk/volunteering

call 01223 800 800 selecting option four or
email volunteerservices@each.org.uk

Registered Charity No. 1069284

